

2025

Technical Requirements

DMT | Disabilities Pathway

National Trampoline Technical Committee

October 2024

CLUB SERIES & REGIONAL SERIES

Technical Requirements

CLUB SERIES

Club Level 1 9-14yrs/15+ CAT 1 Male/Female, CAT 2 Male/Female ALL SKILLS FROM A BLOCK									
Compulsory Round 1					Compulsory Round 2				
	Mount	Spotter	Dismount	DD		Mount	Spotter	Dismount	DD
1	Tuck Jump	-	3 Jumps Pike Jump	0.0	1	-	Pike Jump	Straddle Jump	0.0
2	-	3 Jumps Straddle Jump	3 Jumps ½ Twist Jump	0.2	2	-	Straddle Jump	½ Twist Jump	0.2
Combined round DD				0.02	Combined round DD				0.2

Club Level 2 9-14yrs/15+ CAT 1 Male/Female, CAT 2 Male/Female ALL SKILLS FROM A RUN									
Compulsory Round 1					Compulsory Round 2				
	Mount	Spotter	Dismount	DD		Mount	Spotter	Dismount	DD
1	Tuck Jump	-	Pike Jump	0.0	1	-	Tuck Jump	Full Twist Jump	0.4
2	-	Tuck Jump	1/1 Twist Jump	0.4	2	-	Pike Jump	1/2 Twist Jump	0.2
Combined round DD				0.4	Combined round DD				0.6

REGIONAL SERIES

Regional Level 1 9-14yrs/15+ CAT 1 Male/Female, CAT 2 Male/Female									
Compulsory Round 1					Compulsory Round 2				
	Mount	Spotter	Dismount	DD		Mount	Spotter	Dismount	DD
1	-	Tuck Jump	FSS (T)	0.5	1	-	Tuck Jump	Barani (T)	0.7
2	-	Pike Jump	FSS (P)	0.6	2	-	Pike Jump	Barani (SL)	0.7

<p style="text-align: center;">Regional Level 2 9-14yrs/15+ CAT 1 Male/Female, CAT 2 Male/Female</p>						
Compulsory Round 1				Optional Round 2		
	Mount	Spotter	Dismount	DD		
1	Barani (T)*	Barani (T)*	BSS (T)	1.2	<p>Gymnasts will perform 2 voluntary exercises of their choice, which must equal or exceed the minimum DD shown below.</p> <p>Exercises and skills cannot be repeated from the compulsory round exercises. Repeat exercises or skills will result in a loss of DD for that skill or exercise.</p>	
2		BSS (T)	Barani (T)	1.2		
Combined round DD				2.4	Minimum combined round DD	2.4

*Can be performed as a mount or spotter element.

Competition Format

Club Series & Final

- Compulsory Rounds 1 and 2 (cumulative)
 - FIG rules will apply save that no penalty shall be applied for communication by a coach to a gymnast
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Regional Series

- Compulsory Round 1 and Compulsory/Optional Round 2 (cumulative)
 - FIG rules will apply other than:
 - o No penalty shall be applied for communication by a coach to a gymnast
 - o Gymnasts who do not demonstrate the minimum difficulty performance standard will not be eligible to qualify for the Regional Final
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Regional Final & Inter-Regional Final

- Compulsory Round 1 and Compulsory/Optional Round 2 (cumulative)
- FIG rules will apply other than:
 - o No penalty shall be applied for communication by a coach to a gymnast
 - o Gymnasts who do not demonstrate the minimum difficulty performance standard will not be eligible to qualify for the Inter-Regional Final
 - o Ties at the Inter-Regional Final will not be broken

Qualification

Qualification to Club Final

Qualification to the Club Final should be based on one or more objective, predetermined criteria. It is for the regions to determine their qualifying criteria.

There are no nationally prescribed qualification criteria and this is to allow regions appropriate flexibility to meet their needs. These technical requirements may also be used for Club competitions.

Qualification to Regional Final & Inter-Regional Final

- Regional events should take place between October and April, with the Regional Final held, and the regional team for the Inter-Regional Final selected, by the end of April
- Qualification criteria for the Regional Series into the Regional Final is at the region's discretion
- A maximum of two gymnasts per category from each region will qualify from the Regional Final to the Inter-Regional Final
- Places to enter each category of the Inter-Regional Final will be allocated in rank order from the results of each category at the Regional Final
 - Gymnasts who do not demonstrate the minimum difficulty performance standard at the Regional Final will not be eligible (and should be skipped over in favour of the next qualifying gymnast in the event they rank in the top two)
- In the event of a tied position at the Regional Final the tie break rule set out below will apply for qualification, but **not** for medals
- All Regions must submit the list of the gymnasts that have qualified to British Gymnastics
- Additional places will not be offered to regions in the event of errors in results
- Ties at the Inter-Regional Final will not be broken

For regions that intend to hold any qualifying events between October and December, the gymnast should enter the age group that they will be eligible for in the following year.

TIE BREAKS - REGIONAL SERIES AND REGIONAL FINAL

In case of a tie at any place, the ranking will be determined by the following criteria:

1. The gymnast with the highest sum of D scores of all exercises will prevail;
2. The gymnast with the highest sum of E scores of all exercises will prevail;
3. The gymnast with the lowest sum of CJP penalties of all exercises will prevail;
4. The gymnast with the highest D score of one exercise will prevail.

If there is still a tie, the tie will not be broken.

CERTIFICATION

All gymnasts entering the Disabilities Pathway need to obtain a completed disabilities classification certificate at least 6 weeks prior to competing.

SPECIFIC REQUIREMENTS

Any gymnasts with specific requirements for competition (e.g. gymnasts with Cystic Fibrosis requiring to compete in flights without other CF gymnasts, or gymnasts requiring markers on apparatus) must notify the Events Team and Technical Committee of those requirements at the point of entry to each event.

NATIONAL QUALIFICATION EVENTS & BRITISH CHAMPIONSHIPS

Technical Requirements

NATIONAL DISABILITIES LEVEL

9 – 14 Years / 15+

Category 1 Men / Women

Category 2 Men / Women

Compulsory Round 1					Optional Round 2	
	Mount	Spotter	Dismount	DD		
1	Barani (S)*	Barani (S)*	BSS (S)	1.3	Gymnasts will perform 2 voluntary exercises of their choice, which must equal or exceed the minimum difficulty shown below. Exercises and skills cannot be repeated from the compulsory round exercises. Repeat exercises or skills will result in a loss of DD for that skill or exercise.	
2		BSS (S)	Barani (S)	1.3		
Combined round DD				2.6	Minimum combined round DD	2.6

*Gymnasts can choose to use a mount or a spotter skill but must still ensure that the same skill is not used in the same place in another exercise, otherwise the difficulty for the repeated element will not be awarded. All 4 exercises must remain different.

Competition Format

National Qualification Events

- Compulsory Round 1 and Optional Round 2 (cumulative)
- FIG rules will be applied other than:
 - o No penalty shall be applied for communication by a coach to a gymnast
 - o Gymnasts who do not demonstrate the minimum difficulty requirements will not be eligible to qualify for the British Championships

British Championships

- Optional Round 2 only (2 exercises)
 - o Exercises and elements from Compulsory Round 1 may be performed without loss of DD
- FIG rules will be applied save that no penalty shall be applied for communication by a coach to a gymnast

Qualification

Qualification to British Championships

The top **6** ranked gymnasts from each category at the National Qualification Events will qualify to the British Championships. The ranking will be based on each gymnast's highest score across the National Qualification Events.

Qualifier lists will be published by no later than **7 July 2025**. Any category containing a number of ranked gymnasts in excess of the maximum qualification quota will include up to 1 reserve place for eligible gymnasts (i.e. only those gymnasts that have otherwise met the qualification requirements). The procedure for reserve entries is set out in the National Competition Handbook.

CERTIFICATION

All gymnasts entering the Disabilities Pathway need to obtain a completed disabilities classification certificate at least 6 weeks prior to competing.

SPECIFIC REQUIREMENTS

Any gymnasts with specific requirements for competition (e.g. gymnasts with Cystic Fibrosis requiring to compete in flights without other CF gymnasts, or gymnasts requiring markers on apparatus) must notify the Events Team and Technical Committee of those requirements at the point of entry to each event.

At all British Gymnastics events, a nominated panel (Member of TC, Chair of Panel and 1 x national or pathway coach) reserves the right but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time. If a gymnast is deemed unsafe, a Member of the panel will approach the personal coach to discuss the matter to reinforce standards and, where appropriate, this will be followed up in writing.

The Technical Committee may, at its discretion during post-competition analysis, indicate to a club or coach that a gymnast is deemed to have been entered at a level below expected performance standards.

Please refer to the National Competition Handbook for further event information.

If there are any amendments to the FIG Code of Points the TC reserves the right to amend these Technical Requirements.